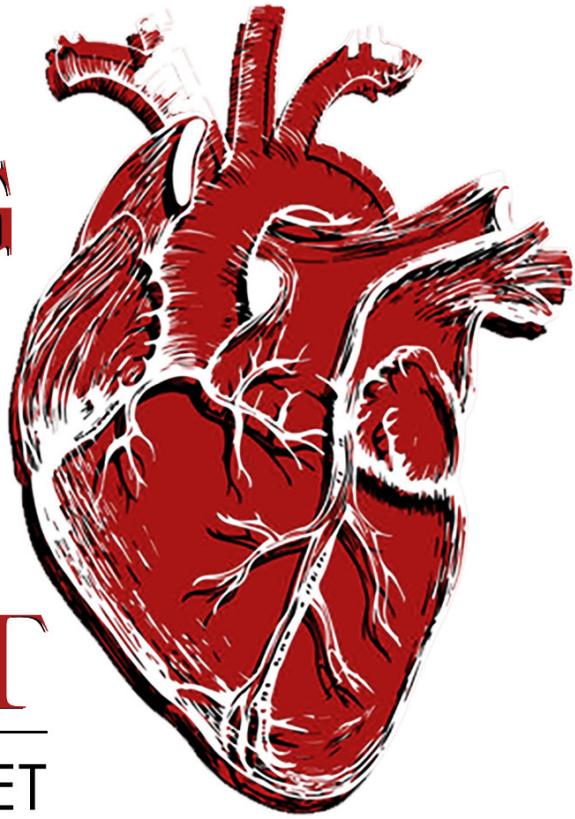


LIVING
FROM
HIS
HEART

MINI SET



by *NANCY COEN*

It is our desire with this set for you to take steps deeper into RADICAL INTIMACY wit Yahweh.

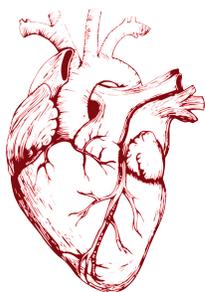
Living from His Heart, is a Mini Bundle/ Set for you to start the year with powerful activations of shifting your mind to see your self; how HE sees you.

The Father invites you to step into the Chambers of His heart, to synchronize your heart beats with His.

This set will have 2 parts: To shift your perspective to how HE sees you and to help you understand what is His heart, with an activation on how to ascend into His heart.

This all started when Yeshua guided multiple Ascension groups, Globally, into the Fathers Heart to bathe in His Honey-Blood. We wanted you, to step into this heaven gate that was made available to us.

*The Father invites you in.
Come and be in His Heart.*



LIVING FROM HIS *Heart* MINI SET

"Our heart is our principal hearing organ, our principal seeing organ, our principal manifesting organ.

Our heart is the holy of holies within the temple. Your temple."

– Nancy Coen

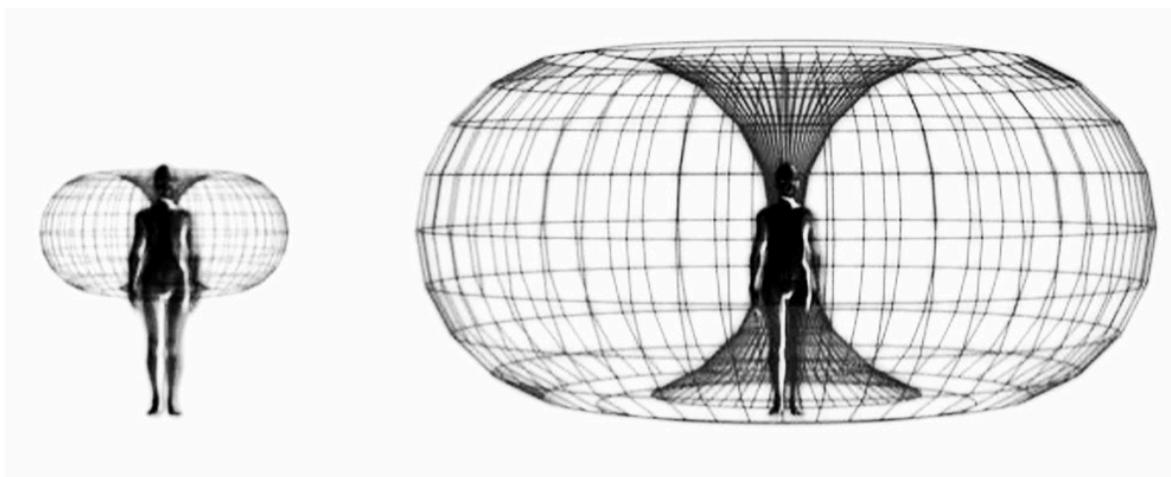
Proverbs 23:7 (NKJV)

For as **he thinks in his heart**, so is he: 'Eat and drink!' he says to you, but his heart is not with you"

When we speak of the heart, we are not talking about the physical organ . We are speaking of the heart as a spiritual place, where we perceive, where we hear, where we commune with Yahweh.

1 Corinthians 3:16 (NKJV)

"Do you not know that you are the temple of God and that the Spirit of God dwells in you?"



"When you turn your heart over and make His heart your heart, what has not yet been revealed begins to unfold." – Nancy Coen

We are leaving the lies and stepping into how Yahweh sees us.

Activation 1: Enter Yahweh's heart

*Thank you, Yahweh, that you will be activating my heart and heavenly senses.
Remove any limitations I have placed on myself.*

Step 1: Meditate and Acknowledge His presence with you

Sit comfortably.
Take slow, deep breaths.
With each breath in, breathe the Father in.

*"Yahweh, You are in my breath, lead me during this Ascension to be transformed,
to know You as You know me.
Open my spiritual senses; let me see what You want to show me."*

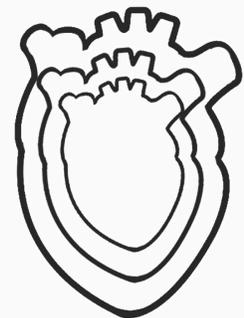
Step 2: Intentionally enter Yahweh's heart

Its time to enter the Heavens.

"Yahweh, show me the depths of your heart"

See yourself following Yahweh, walking through a door and entering His heart.
Feel the warmth, Safety, Expansion. It is a living, beating presence.

What do you see, feel, smell & taste?



****Spend some time exploring the DEPTHS of His heart, before you move to Part 2.
Follow as He guides you through the heart Chambers & write down what you see.****

"So basically, what He showed me was two hearts on fire, and these two hearts were moving together until we were standing in the overlapping place of these two hearts."

"– Nancy Coen

Activation 2: Align your heart with HIS

*Thank you, Yahweh, that you will be activating my heart and heavenly senses.
Remove any limitations I have placed on myself.*

Step 1: Eclipse your heart with His

*This means His heart is on top, enveloping yours. So that you look out THROUGH His heart.

"Yahweh, I am in Your heart and You are in mine. Complete ONENESS. Show me how our hearts align and merge together. I want to be One with YOU!"

See as His heart and yours move together into one ness.
Notice what is happening in your own body

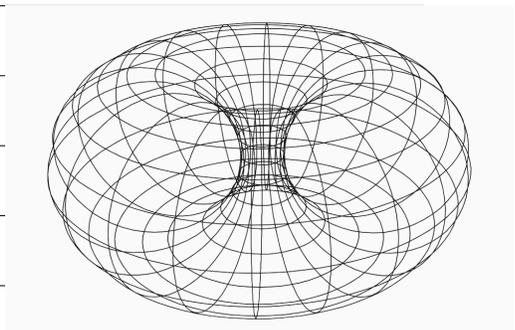
Feel it! This is union, not observation.
Your heart beating more strongly, your Heat or fire in your chest or throat.

Step 2: Rest in the Oneness

Remain in stillness, until separation dissolves.

Repeat:

"I am in You, and You are in me."



Ephesians 2:6 (NIV)

And God raised us up with Christ and seated us with Him in the heavenly realms in Christ Jesus.

What if i struggle to Ascend?

*“Ascension is very, very simple
. The only thing that makes it hard is what’s happening between our
own two ears.”
– Nancy Coen*

Check in on these 4 Tips if you struggle to Ascend:

1. Be Patient and Gentle With Yourself:

It takes practice and time. Don't compare yourself to other Ascenders.

2. All 5 senses are important:

Seeing is not the only way to explore the Heavens, some might be stronger than others. Seeing, Sensing/ Feeling , Hearing, Smelling and Scripture.

3. Start simple:

Where is Yeshua in the room? What is He wearing? What is He saying?
Sit in stillness and imagine yourself walking through a Door/ Portal?

4. Is there a lie there?

Is there somewhere inside of yourself that you believe you can't do this?
That this isn't for you.?
